

# SOS+

  
St Giles Trust  
SOS Project

## IT'S TIME TO DEMYSTIFY THE REALITY



**SOS+ is our hard hitting, thought provoking and interactive discussions designed to provide young people with the empowerment and real tools to use on a day-to-day basis to stay safe, resist street pressures, avoid destructive situations and make better life choices.**

With over 15 different topics to choose from our sessions

include facts, statistics, testimonies, interactive films, group work role-plays and real life examples.

Delivered by credible ex-offender facilitators with real first-hand experience, SOS+ aims to prevent young people becoming caught up in negative lifestyle choices by untangling the confusing messages they may have heard about gangs, criminality versus the reality.

We utilise victims as part of delivery and have embraced multimedia to increase impact.

A feature of our sessions is that they are much more than simply

structured talks. We aim for an 'enhanced presence' staff stay around where it is possible for young people to engage staff with personal issues.

Our staff are all experienced and trained practitioners, who are able to offer appropriate support and signposting.

Moreover, we also offer tailor-made sessions to suit the particular needs of the young people, school and/or the community in question.

All sessions are themed and interactive. We now have over a dozen sessions to choose from (**see right**) and deliver sessions in schools, colleges, PRUs, YOTs, estates, and other community spaces.

## SOS+ SESSION DETAILS



**Our themed sessions can be picked and tailored to suit your audience:**

- ⊙ The reality of prison life
  - ⊙ Gangs and the consequences of crime
  - ⊙ Drugs and violence
  - ⊙ Weapon awareness
    - ⊙ Peer pressure
    - ⊙ Joint enterprise
- ⊙ Assertive behaviour and staying safe
  - ⊙ Sexual exploitation
    - ⊙ Staying safe
- ⊙ Stop and search - know your rights
  - ⊙ Bullying
  - ⊙ All about the music
- ⊙ This is abuse - this is wrong
  - ⊙ Accountability and filmmaking
  - ⊙ Victims of crime
- ⊙ All it takes is motivation

**S.T.E.P. - our accredited AQA 5-day empowerment project covering:**

- ⊙ Gangs
- ⊙ Joint Enterprise
- ⊙ Prison
- ⊙ Weapon awareness
- ⊙ Music and crime

***Please get in touch with us for more information and pricing.***

## CONTACT SOS+

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# SOS+ Sessions

Costs



*"I did not know I could be charged and prosecuted for not being at the scene of the crime, now I face life in prison."*



SOS+ Sessions

| Workshops                                      | Cost           | Time      | Details:                                                                                                                                                                                                                                                                                                                                                                     |
|------------------------------------------------|----------------|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Single presentation                            | £250           | 1.5 hours | Delivery of one session on a chosen theme, looks at the underlying issues, reasons and consequences in detail.*                                                                                                                                                                                                                                                              |
| Half Day                                       | £500           | 4 hours   | 2-3 sessions on chosen themes, looks at the underlying issues, reasons and consequences in detail.*                                                                                                                                                                                                                                                                          |
| Full Day                                       | £800           | 8 hours   | 4-6 sessions on chosen themes. We aim to stay in the school for the whole day with support from addition St Giles staff.*                                                                                                                                                                                                                                                    |
| Mentoring (one-to-one)                         | £1000          | Per term  | Minimum of one session per week for a whole term (x1). Broad spectrum support provided around individual needs with the aim of supporting them towards a positive lifestyle.                                                                                                                                                                                                 |
| S.T.E.P. (SOS+ Training & Empowerment Program) | £50 per person | Varies    | This is an intensive AQA accredited, four part program, tailored to the needs of each individual group. This is dynamic and hard hitting process with a focus on young people learning, achieving and understanding the seriousness of key topics surrounding them in today's society. This program includes full registration, assessment, accreditation and certification. |

\* Asterisked sessions include looking the underlying issues, reasons and consequences in detail. Sessions are dyanmic offering activities for all learning styles. We will have an enhanced presence after completing the sessions for any individual questions and concerns.